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ABSTRACT OF THE DISCLOSURE

An image recording method including: applying a pretreatment liquid on a surface of a recording material; and discharging a recording ink according to image signals to form  
5 an ink image on the pretreatment liquid on the surface of the recording material before the pretreatment liquid applied to the recording material has dried, wherein the recording ink includes a solvent and a component dispersed or dissolved in the solvent, wherein the pretreatment liquid includes a  
10 compound depressing at least one of the dispersibility and solubility of the component in the recording ink in an amount of 10 to 80 % by weight based on total weight, and wherein the pretreatment liquid has a viscosity of from 10 to 10,000 mPa · s at 25 °C.

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